

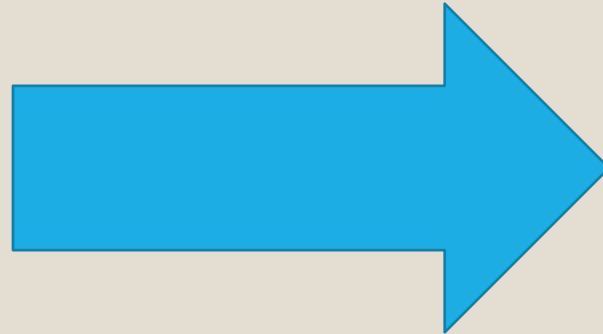


Behaviors that Challenge

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Growing Up New Mexico

UNDERSTANDING BEHAVIOR

Situation
Or
Stimulation



Feeling
And
Reaction

PLAN, PREVENT AND PREPARE



CONFLICTS BETWEEN CHILDREN

- Sufficient amount of materials
- Supporting turn-taking
- Conflict-resolution phrases and practice



TRANSITIONS AND WAIT TIME

- Counting down time / Giving time warnings
- Visual Schedule
- Sufficient amount of time to play
- Saving work in progress

My Day!	
6:45	Reading 
7:30	Breakfast 
8:00	Brush Teeth 
8:30	Preschool 
12:00	Lunch 
12:30	Nap Time 
2:30	outside 
3:30	Play Time 
4:30	Sensory 

PRACTICING CALMING STRATEGIES

- Breathing practices
- Calming corner / calming kit



SENSORY REGULATION BREAKS



- Heavy work
- Weighted blankets
- Animal crawls
- Ball pass / catch / rolls
- Wheelbarrow walking
- Bouncing on therapy/exercise ball
- Wall push



Meaningful Relationships





WHAT WILL YOU
TAKE WITH YOU?